

# Fall 2015 Child Care Training

*A special community service provided by the Florissant Valley Family and Consumer Sciences Department and Continuing Education.*

*Funded in part by the Missouri Department of Elementary and Secondary Education.*

## Child Care Training Locations

- **St. Louis Community College Florissant Valley**  
3400 Pershall Road, 63135
- **St. Louis Community College Forest Park**  
5600 Oakland Ave, 63110
- **St. Louis Community College Meramec**  
11333 Big Bend Road, 63122
- **St. Louis Community College South County Education & University Center**  
4115 Meramec Bottom Road, 63129
- **Hixson Middle School**  
630 South Elm Ave, 63119
- **Lindbergh Senior High School**  
4900 South Lindbergh, 63126

*To register, call 314-984-7777.  
Registration begins August 3!*



St. Louis  
Community  
College

Continuing Education

# Caring for Kids

*For more information, call Bonnie Shiller at 314-513-4391.*

## Caring for Kids Program

St. Louis Community College offers a variety of workshops for those employed in the child care field or for those interested in learning more about working with children.

*All clock hour training from St. Louis Community College has been approved by the Department of Health and Senior Services. Register for the workshops now -- Don't wait!*

For more information, call 314-513-4391.

### Attendance Training Policy:

*As a quality training program we are required by the DHSS Section for Licensing and Child Care Regulation training to follow specific guidelines for our sessions. Therefore, workshops listed expect participants to arrive on time, be fully present during the session, adhere to break schedules, and attend the entire session. Any participant who does not adhere to these requirements will not receive a certificate or a refund.*

**To register call 314-984-7777.**

### Supervision and Safety in an Early Childhood Facility

A review of techniques to make supervision and safety a high priority in every childcare facility.

CCPR:702 | \$35

480 Sa 9am-1pm  
Oct. 10

Geraldine Jasper  
FP - G Tower, 119

581 Sa 9am-1pm  
Dec. 5

Geraldine Jasper  
FV - CDC, 112

### Discipline and Guidance of Young Children

How do you redirect children's behavior? How do you promote positive peer interactions? How do you communicate with young children and build their self-esteem? Learn new things to do and say in guiding young children.

CCPR:702 | \$35

580 Sa 9am-1pm  
Sept. 19

Geraldine Jasper  
FV - CDC, 112

680 Sa 9am-1pm  
Nov. 14

Geraldine Jasper  
MC - SO, 109

### Discipline for Young Children

Learning to manage behavior with groups of children is always a challenge. You will learn techniques to diminish targeted behaviors and promote positive peer interactions.

CCPR:702 | \$15

771 W 7pm-9pm  
Sept. 30

Geraldine Jasper  
Hixson Mid. School, 117

### Discipline for Toddlers and Two's

Do you think of "Terrible Toddlers and Twos" or "Terrific Toddlers and Twos?" Knowing how to manage this age group and understanding their development will get you thinking "Terrific Toddlers and Twos!" You will explore many positive ways to work with this age group.

CCPR:702 | \$15

650 W 7pm-9pm  
Dec. 2

Geraldine Jasper  
MC - SO, 109

### Messing About with Purpose

This hands-on session assists childcare providers with planning and implementing multisensory learning activities across curricular areas that support child development. Participant will use provided materials to create and manipulate various messy mediums. Class will be held in Student Center, Cafe' East.

CCPR:703 | \$18

450 Tu 7pm-9pm  
Sept. 22

Latonya Brown  
FP - SC, Cafe East

550 W 7pm-9pm  
Nov. 4

Latonya Brown  
FV - CDC, 110

### **New** Infant Toddler Transition Tips

Are you experiencing challenging behavior during transition times and routine tasks? Come learn new strategies to create teachable moments and plan smooth, meaningful and fun routines as part of your infant/toddler caregiving. Create a hands-on transitional tool for your classroom!

CCPR:707 | \$18

550 Tu 7pm-9pm  
Sept. 29

FV - CDC, 112

## ATTENTION!

**Bring Your State MOPD ID # to ALL Workshops.**

**The state is requiring the ID on the Sign-In Sheet for all clock-hour training.**

**To obtain or to look up your MOPD ID # go to [www.openinitiative.org](http://www.openinitiative.org)**

### How to Use Music and Movement Outside of Group Time: You Can Make a Song Out of Anything

Songs and movements make transitions fun and help children tune in when they appear to be tuned out. Even if you can't sing you can make a song out of anything.

CCPR:708 | \$15

550 W 7pm-9pm  
Dec. 16

Rose Anderson-Rice  
FV - CDC, 110



### Child Care Provider: Heartsaver Pediatric First Aid CPR AED

The Heartsaver Pediatric First Aid CPR AED course is designed to meet the regulatory requirements for child care workers in all fifty United States. It teaches child care providers and others to respond to and manage illnesses and injuries in a child or infant in the first few minutes until professional help arrives. It covers the four steps of first aid and first aid skills such as finding the problem, stopping bleeding, bandaging and using an epinephrine pen, as well as child CPR AED, infant CPR and optional modules in adult CPR AED, child mask, infant mask and Asthma Care Training for Child Care Providers. Registration one week prior to course start date is required. No transfers between sessions or refunds given within five business days of class date. Due to the nature of the course you must arrive on time. No admittance after stated start time. Bring a lunch.

CCPR:711 | \$97

4D0 Sa 8:30am-4pm  
Nov. 14

FP - G Tower, 121

5D0 Sa 8:30am-4pm  
Oct. 17

FV - TC, 105

5D1 Sa 8:30am-4pm  
Dec. 19

FV - TC, 105

6D0 Sa 8:30am-4pm  
Sept. 26

MC - CE

### Quality School-age Programming

What does a good SAC program look like? What is my role with children/youth development? How can I maintain relationships with families? These and other questions will be explored at this interactive workshop.

CCPR:713 | \$15

770 M 7pm-9pm  
Dec. 14

Gloria Hampton  
Hixson Mid. School, 117

### **New** Catch the Storytelling Bug

Have you ever wanted to become a playful storyteller? Annette Harrison, award winning storyteller, educator and author will take you through the storytelling fundamentals. You will experience the joy of closing a children's picture book and jumping into the telling of the story. Co-sponsored by the Missouri Humanities Council. Please arrive and check in prior to 12:00 p.m. No one will be admitted after 12:00 p.m.

CCPR:718 | \$25

580 Sa 12pm-3pm  
Oct. 24

Annette Harrison  
FV - CDC, 110

681 Sa 12pm-3pm  
Dec. 12

Annette Harrison  
MC - SO, 108

## Caring for Kids Program

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**To register call  
314-984-7777.**

### Language Development: Phonological Awareness and Alphabetic Knowledge

Discussion of language development in preschool years. Provides specific tools to encourage phonological awareness and alphabetical knowledge. Co-sponsored by St. Louis Learning Disabilities Association.

CCPR:718 | \$15

- 782 M 7pm-9pm  
Nov. 2 Lindbergh H.S., 46
- 783 M 7pm-9pm  
Nov. 16 Hixson Mid. School, 117

### Encouraging the Love of Books for Infants and Toddlers

Learn how to start growing readers by introducing babies and toddlers to stories, books, nursery rhymes, and activities that promote language development. In this highly interactive workshop you will learn how to connect very young children's real life experiences to rhymes and finger plays and to books and stories. Participants will take home lots of ideas and even books to use with babies and toddlers. Presented by Annette Harrison, dynamic educator and storyteller. This class is designed for infant/toddler teachers and caregivers. Co-sponsored by the Missouri Humanities Council.

CCPR:718 | \$25

- 680 Sa 12pm-3pm  
Sept. 12 Annette Harrison  
MC - BA, 105



### Encouraging the Love of Books for Preschoolers

Learn how to grow readers by engaging your preschoolers with stories, books, nursery rhymes and other activities that help promote the reading readiness skills. Participants in the workshop will explore high quality children's books, discover new ways to make books and stories come alive, and learn how to make connections between books and the child's world. Participants will take home a wealth of ideas and a variety of books to use with preschoolers. Presented by Annette Harrison, dynamic educator and storyteller. This class is designed for preschool teachers and caregivers. Co-sponsored by the Missouri Humanities Council.

CCPR:718 | \$25

- 480 Sa 12pm-3pm  
Sept. 26 Annette Harrison  
FP - SC, Cafe East

### Asking Questions... Encouraging Children's Thinking

Learn many techniques for asking questions in your everyday activities with children throughout all the learning areas: blocks, dramatic play, books, science and others. Encourage critical thinking, creativity and problem-solving by asking questions.

CCPR:721 | \$15

- 550 W 7pm-9pm  
Oct. 28 Geraldine Jasper  
FV - CDC, 110

### Understanding Autism

Characteristics of autism spectrum disorder and how symptoms can affect each child (birth through age 5) in a unique way will be discussed. You will learn of methods for working with these children and available community resources. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

- 550 W 7pm-9pm  
Sept. 16 FV - CDC, 110
- 780 M 7pm-9pm  
Sept. 21 Lindbergh H.S., 46
- 450 Tu 7pm-9pm  
Nov. 17 FP - G Tower, 119

### Understanding ADHD: Attention Deficit Hyperactivity Disorder

Characteristics of ADHD and how symptoms can affect each child (birth through age 5) in unique ways will be discussed. You will learn techniques for coping with behavior and receive resources for additional help. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

- 551 W 7pm-9pm  
Oct. 7 FV - CDC, 110
- 781 M 7pm-9pm  
Oct. 19 Lindbergh H.S., 46
- 451 Tu 7pm-9pm  
Dec. 8 FP - G Tower, 119

### Early Warning Signs of Learning Disabilities (Children Birth to Age 5)

Discussion of observable characteristics and behaviors that may suggest disabilities, delays or potential learning problems, and the need for further assessment/evaluation. The focus is on birth to age five. Co-sponsored by St. Louis Learning Disabilities Association, Inc.

CCPR:723 | \$15

- 552 W 7pm-9pm  
Dec. 9 FV - CDC, 110

### Surviving Naptime

Creative ways to make nap time a pleasant experience. Learn to make nap time a peaceful and relaxing experience for both children and adults. You'll discuss appropriate expectations.

CCPR:727 | \$15

- 550 W 7pm-9pm  
Nov. 11 Geraldine Jasper  
FV - CDC, 110

### Nature and Young Children (Six clock hours)

Morning Session: No Child Left Inside- Outdoor Play to Explore Nature and Science! Explore the natural world outside through new fun science activities you can integrate into your daily schedule. Help children wonder, explore, and discover with hands-on activities planned for the outdoors. Afternoon Session: Connecting with Nature- Gardening and Cooking with Children! Encourage healthy eating as you help children learn about fruits and vegetables; and take produce from the garden to the table. Hands-on simple recipes, cooking activities and gardening tips will be shared. Our goal is to encourage children to learn to taste, eat and enjoy more fruits and vegetables. You will see new teaching materials- "Early Sprouts Cook Book" and "Lana's Favorite Recipes." **Box lunch included.**

CCPR:710 | \$45

- 580 Sa 9am-3:30pm  
Oct. 3 Geraldine Jasper  
FV - CDC, 110

## Child Care Providers Saturday Seminars

### New Strengthening Connections with Families (Five clock hours)

I would love my job if it wasn't for these families! This full day session will provide you with the tools and tactics to establish deeper relationships with families. Topics include bridging the gap between home and school, extending learning into the home, Conscious Discipline, Positive Behavioral Support, advocacy and supporting family networks. Workshop check-in begins at 8:30 a.m. **Lunch is NOT provided!** Bring your own lunch or go nearby to eat out during the one hour lunch break. Co-sponsored by the St. Louis Learning Disabilities, Co., Inc.

CCPR:714 | \$32

- H80 Sa 9am-2pm  
Oct. 10 Harrison Ed Ctr., 100

### New Curriculum Collage: Literacy and Science Learning (Six clock hours)

Session 1—Science, Technology, Engineering and Math (STEM) in MY classroom? YES! Tap into children's natural and innate curiosity about the living world through child investigation, active learning and asking questions. Hands on. Session 2—The Magic of Turning Favorite Read-Alouds into Curriculum. Participants will discover how to use interactive read-alouds to build a community of motivated learners through classroom-proven ideas that will engage young readers and develop their listening, comprehension and emergent literacy skills. Co-sponsored by Ready Readers. Workshop check-in begins at 8:30 a.m. **Box lunch included.**

CCPR:718 | \$45

- 581 Sa 9am-3:30pm  
Nov. 21 FV - CDC, 110
- 682 Sa 9am-3:30pm  
Nov. 7 MC - SC, 200
- 481 Sa 9am-3:30pm  
Dec. 5 FP - SC, Cafe East

For more information, call 314-513-4391.

**To register, call 314-984-7777.**

**Mail**

Complete the registration form (below) and mail with check (*payable to St. Louis Community College*) to:

**STLCC Continuing Education, 3221 McKelvey Road, Suite 250, Bridgeton, MO 63044**

Students who register by mail should assume they are registered unless otherwise notified. A registration confirmation is mailed to students who register by mail; however, the confirmation may not be received prior to the beginning of the class. If you have enrollment questions, please call Continuing Education: 314-984-7777.

**In Person at STLCC Continuing Education Offices M-F 8:30 am - 4 pm****Meramec**

802 Couch Avenue  
St. Louis, MO 63122

**Florissant Valley**

At the Center for Workforce Innovation  
3400 Pershall Rd., Ferguson, MO 63135

**Forest Park**

Forest Park, G Tower-320-322  
5600 Oakland Ave., St. Louis, MO 63110

You may want to first call the Continuing Education office at 314-984-7777, to check that openings exist.

**By Phone**

Call to complete your registration by charging fees to MasterCard, Visa, American Express or Discover.

**Telephone: 314-984-7777**

**Call Center Hours: M-Th 8:30 am - 7:30 pm; Fridays 8:30 am-4 pm**

Before calling to register, have this information ready:

1. Course Title / Course Code (letter prefix with number) / Section Number

2. Student Contact Info (name / address / phone number /email)

3. Student Number/UIN Number  
4. Credit Card Number with Expiration Date

**Mail-In Registration form Please print in ink.**

Please register me for the following courses:

Course Code	Section	Course Title	Day/Time	Fees
<b>Total</b>				

Male  Female

Senior Citizen?

Yes  No

**Check Payment:**

Please make checks payable to St. Louis Community College, and mail with form (address above).

**Credit Card Payment:**

Charge fees to:

- MasterCard
- VISA
- Discover
- American Express

Email Address: \_\_\_\_\_

Student#/UIN: \_\_\_\_\_ Birthdate: \_\_\_\_\_

Name: \_\_\_\_\_  
LAST FIRST MIDDLE INITIAL

Address: \_\_\_\_\_  
STREET OR POST OFFICE BOX

\_\_\_\_\_ CITY STATE ZIP CODE

Telephone/Home: \_\_\_\_\_ Work: \_\_\_\_\_

\_\_\_\_\_ CARD NUMBER Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

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Signature: \_\_\_\_\_